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Pushing the Envelope Farm

# Indoor Composting

## ~ Supplies List ~

Thank you for joining us to learn how to compost at home.

The supplies list below is to create an indoor composting system. You can purchase the items before the session or afterward to set up later. For the outdoor composting system, there is nothing to buy in advance; we will cover the options together.

**Red Wiggler Worms** — We will add red wigglers (*Eisenia fetida*) to our indoor composting operation. These worms have a voracious appetite and grow well in indoor temperatures. To start your worm colony, plan on getting at least 250 worms or a ¼ lb of worms. See below for some vendors.

<https://newsoil.org/product/>

<https://unclejimswormfarm.com/order-stuff/composting-worms/>

<https://www.ebay.com/itm/164641041317>

**Plastic Bins 2x** — You need two lidded plastic bins. The best bins are opaque and at least 18 quarts – the bigger the better.

**Drill & Drill Bits** — You need a drill and two different size drill bits. We will want a larger 3/16” and smaller 3/32” drill bits, although the exact size does not matter.

**Brick or flowerpot** — We will use this as a spacer between the bins.

**Newspaper & Cardboard** — This will help make the bedding material. Avoid paper material with color printing.

**Kitchen Food Waste** — We will use mostly fruit and vegetable scraps. For indoor composting try to avoid adding meat, fats, and dairy.

*Happy composting!*