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FROM CHAI MITZVAH GRANDPARENTS AND BEYOND SOURCEBOOK 5: ISRAEL AND THE JEWISH SPIRIT

FRUIT FUSION

ACTIVITY:

People from every continent have come to Israel to find freedom and better lives. Each group brings with it different customs from the old country which mix with the Jewish way of life that we all share. It's a fusion of ideas and cultures that makes Israel a special place.

Mix together these fruits from many places where Jewish people have lived. Add some sugar; top it off with whipped cream (Israel is the land of milk and honey!) and enjoy this special treat.

You'll Need: (serves about 12)

1 orange, for Israel • 1 cup of grapes, for western Europe • 1 cup of cherries, for eastern Europe
• 1 apple, for the United States • 1 banana, for Ethiopia. • 1/4 of a papaya, for India • 1 pear, for Argentina • 1/2 cup of blueberries for Canada • 2 kiwis, for Australia • 1/4 cup chopped dates, for Morocco • 1/4 cup of sugar

What to Do:

- Peel the fruits that need to be peeled and cut the larger fruit into bite-size pieces. Remove any seeds as well.
- Combine all of the fruit together in a large bowl.
- Add the sugar and mix well to make sure each piece of fruit is coated.
- Cover the bowl tightly with plastic wrap and let it sit for 20 minutes to become syrupy.
- Dish out individual servings and top each one with whipped cream. *B'tayavon! Enjoy!*

FIND OUT MORE:

- How many Jewish people have come to Israel from each place? [Click here to find out!](#)



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